Welcome! I am originally from Orange County, California. I attended Point Loma Nazarene University in San Diego, CA as an undergraduate, where I earned a B.A. in Therapeutic and Community Psychology. Currently, I am a third-year Social Psychology doctoral student at Brigham Young University in Provo, Utah where I work closely with my advisor, Sam Hardy.

Over the last several years, I have become increasingly interested in topics at the intersection of psychology, philosophy, and morality. At BYU, my research focuses on virtues, the Michelangelo phenomenon, and moral identity. For more information, please visit my research page.

When I am not doing research, I like to rock climb, rollerblade, and have theoretical conversations (mostly about metaphysics and morality). I also like to travel, and am lucky enough to have been to over 20 countries.

Please feel free to email me if you have any questions about my research, teaching, or tutorials!